

RICH FLAVOUR SIMPLY GOOD!

恰巧自然的清新趣味!

恰巧自然

Just Natural



榨油職人

Mr. Jan Kris

澳洲榨油職人，
每一棵橄欖樹都是在用心種植下成長，
堅持以最新鮮的橄欖，
保留橄欖最健康的原味！
確認每一滴橄欖油健康無污染。

【初榨·冷壓】

冷壓初榨橄欖油

油品產地：澳洲

成分：橄欖

Virgin Olive Oil

【Cold Press First From Olive】

- 橄欖於採收24小時內，以30度以下之低溫物理冷壓榨，游離脂肪酸度低於2%
 - 100% 第一道橄欖原油香味濃郁、風味絕佳
 - 適合沾食麵包、涼拌、煎、煮、炒
 - 不使用脫酸、脫膠、脫臭、脫色等化學萃取製油工序
 - 製作過程無反式脂肪、無防腐劑、無人工香料與色素
- Olive has been extracted by cold pressed at temperature below 30 degrees harvested within 24 hours, the fatty acid less than 2%.
 - 100% Virgin olive oil has strong and aromatic flavor.
 - Suit for bread spread, salad, fried, cook, fry.
 - Extraction process didn't use deacidifying, degumming, deodorizing and decoloring.
 - Production process doesn't produce any trans fat, and doesn't add any preservative, artificial flavoring and artificial coloring.



無添加
防腐劑
香料·色素

國際條碼：4711175008093
內容量：280ml
裝箱數量：12瓶/箱

國際條碼：4711175008086
內容量：500ml
裝箱數量：12瓶/箱

橄欖產地西澳柏斯，
新鮮產地直送，呈現新鮮果香味，
豐富橄欖多酚的淡淡辣味，
天然橄欖果皮的淡淡苦味。

Fresh olive oil delivered straight from the Perth.
Olive polyphenols from olive oil has a little spicy.
Natural olive epidermis has slight bitter taste.

製油工序 Manufacturing Process



ZHAN KANG CO., LTD.
701, SHI SHIH RD., FENG YUAN DIST.,
TAICHUNG CITY, TAIWAN.
www.zkorganic.com



展康國際(股)公司
台中市豐原區西勢路701號
TEL: 886-4-25330587

冷壓初榨橄欖油 Virgin Olive Oil



(compare) 比較 油類 (oils)	發煙點 (smoke point)	烹飪方式 (Cookery)	營 養 (Nutritions)
橄欖油 Olive Oil	220°C	涼拌、炒菜、塗抹麵包 Salad, stir-fries.	橄欖油脂肪酸的特性在於油酸 (Oleic acid) 含量接近80%，另有角鯊烯 (squalene) 及多種維生素及胡蘿蔔素。 The characteristic of fatty acids of olive oil is the content of oleic acid approximately 80%, and also contain squalene and a variety of vitamins and carotene.
茶花籽油 Camellia Oil	223°C	耐儲存，耐高溫，適合作為油和煎炸油使用。 Storable, high temperature resistance, suitable for cooking and frying.	脂肪酸構成與橄欖油有類似之處其中不飽和脂肪酸高達90%以上，主要都是單元不飽和脂肪酸-油酸，占73%之多，亞油酸含量僅為16%。 The composition of fatty acid of camellia oil is similar to olive oil, among them, unsaturated fatty acids is up to 90%, mainly oleic acid of monounsaturated fatty acids is accounting for 73%, and linoleic acid is only 16%.
大豆油 Soy bean Oil	160°C	不耐高溫，不適合用於強火爆炒和煎炸食品。 Not resistant to high temperature, it is not suitable for fried foods.	多元不飽和脂肪酸含量較低，且飽和脂肪酸含量很低，維生素E及亞油酸含量亦不高。 Soybean Oil contain low polyunsaturated fatty acids, and low saturated fatty acids, vitamin E and linoleic acid are also not high.

材 料：香菇約400g、蒜仁2片、巴西里 2-3片

調味料：適量初榨橄欖油、有機白醋1大匙、鹽 1/4 小匙、現磨黑胡椒酌量

作 法：

- 1、新鮮香菇洗淨後瀝乾，切成片狀。
- 2、蒜仁、巴西里切成細末。
- 3、將香菇放入鍋子，並使用小火拌炒，菇類會漸漸出水，散發香氣和水氣。
- 4、再加入橄欖油、有機白醋、蒜仁、巴西里、鹽、黑胡椒拌勻後即可完成。

Ingredient : mushrooms 400g、garlic 2 slices、Parsley 2-3 slices.

Sauce : Virgin olive oil, organic white vinegar 1 tbsp, salt 1/4 tsp, black pepper.

Practice :

- 1、Washing fresh mushrooms and draining out the water, then cutting into slices.
- 2、Cutting garlic and parsley into pieces.
- 3、Put mushrooms in the pan with low heat frying. then mushrooms will be out of water and full more aroma.
- 4、Adding and stirring with olive oil, organic white vinegar, garlic, parsley, salt, black pepper.

橄欖油蒜香鮮菇輕食
Origin olive oil garlic mushrooms light meal



有機白醋

國際條碼：4711175007294
內 容 量：250ml
裝箱數量：12瓶/箱

材料：花椰菜 1/2顆、美白菇 1/2包、玉米筍 4 條、胡蘿蔔 1/2根

調味料：橄欖油 1大匙、有機香醇豆腐乳1方塊、白醋 2小匙、糖 1小匙、蒜泥 1粒、鹽少許

作 法：

- 1、備料；胡蘿蔔切片，玉米筍切斜刀，青花菜切1口大小，美白菇撕細。
- 2、滾水加入少許鹽，將胡蘿蔔片、筍塊、青花菜水煮3分鐘，撈出瀝乾。
- 3、川燙美白菇，撈出瀝乾。
- 4、使用湯匙碾碎豆腐乳，加入所有調味料，並攪拌均勻。
- 5、蔬菜裝盤，淋醬拌勻即成。

Ingredient : 1/2 Cauliflower, white mushroom 1/2 bag, 4 baby corn, 1/2 carrot

Sauce : Olive oil 1 tbsp, 1 piece of preserved bean curd, organic white vinegar 2 tbsp, sugar 1 tsp, a piece of garlic, salt

Practice :

- 1、Prepare materials: fillet of carrot, cut the baby corn into hob blocks, cut cauliflower of small pieces, julienne-cut of white mushroom.
- 2、Added few salts into boiling water, put carrot、baby corn、cauliflower into boiling water. About 3 minutes and then draining.
- 3、Blanching white mushroom and then draining.
- 4、Using spoon to crush preserved bean curd and stirring with all seasoning.
- 5、Packing vegetables and dripping with sauce.

腐乳橄欖油醋沙拉
Bean curd with olive oil & vinegar salad.



有機香醇豆腐乳

國際條碼：4711175000943
內 容 量：340g
裝箱數量：12罐/箱